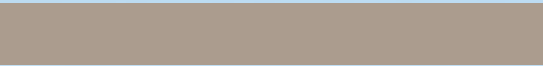




Introduction



Fries



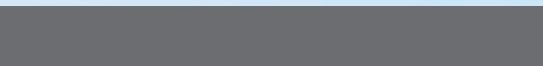
Specialties



Vegetables



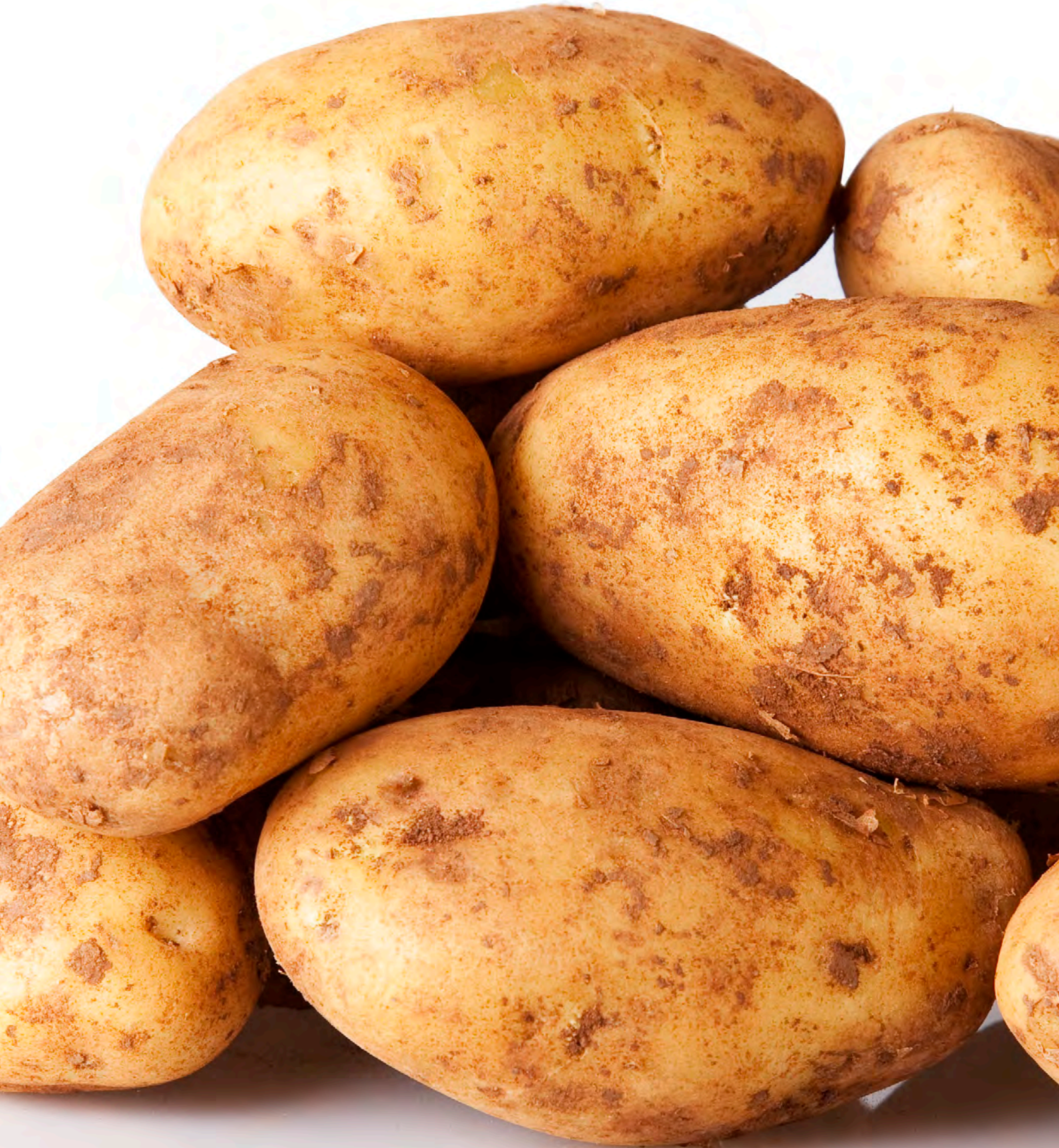
Pizza & Dinners



Ingredients



Introd



uction

The McCAIN Foodservice Advantage

Business today is tough – especially in the increasingly crowded foodservice market. Everyone's on the lookout for products and brands that will give them a competitive edge.

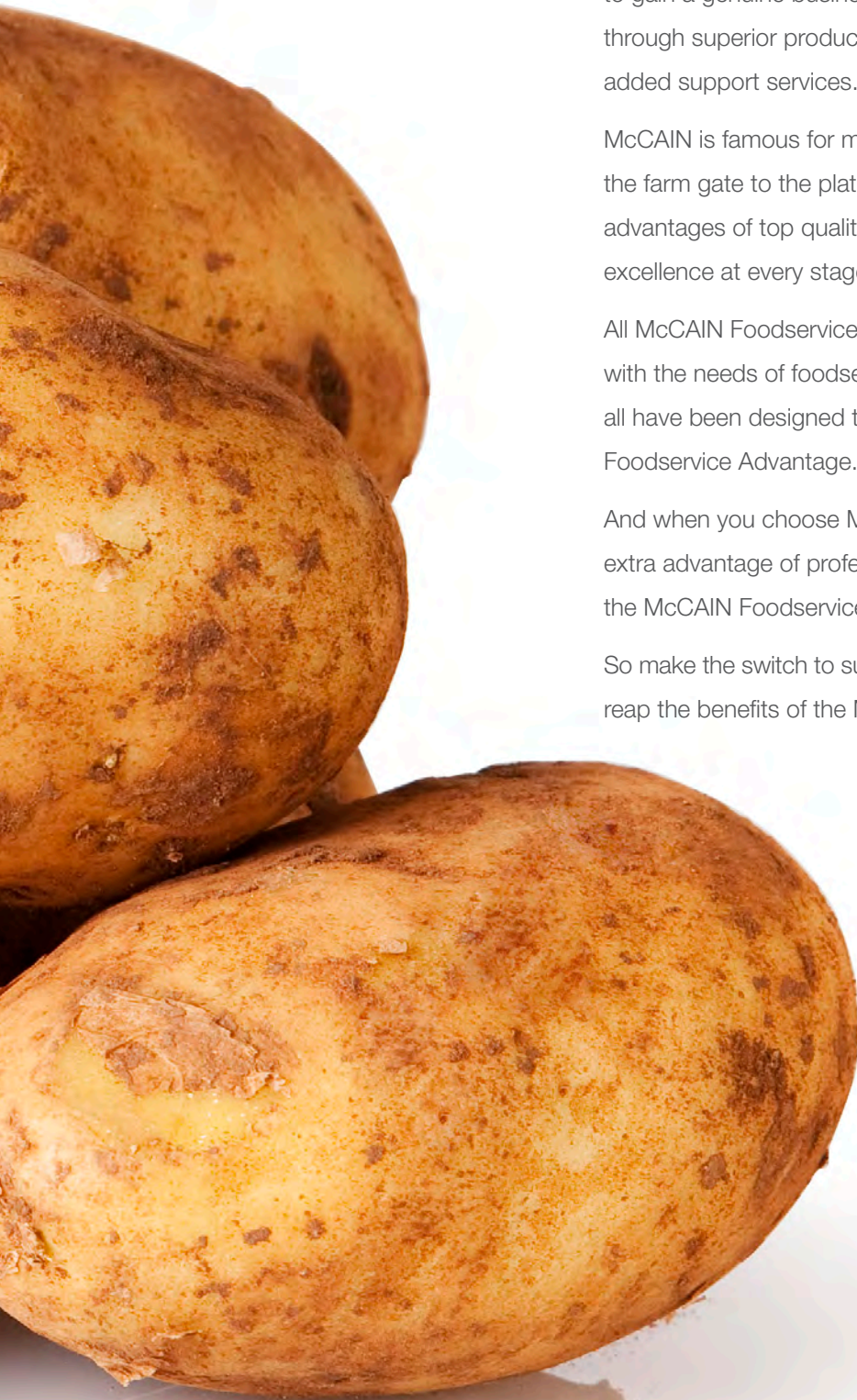
That's where McCAIN can help – by giving you an opportunity to gain a genuine business advantage over the competition, through superior products and the ability to draw on value-added support services.

McCAIN is famous for maintaining quality all the way from the farm gate to the plate – ensuring you benefit from all the advantages of top quality ingredients and commitment to excellence at every stage of the production process.

All McCAIN Foodservice products have been developed with the needs of foodservice professionals in mind, and all have been designed to provide you with the McCAIN Foodservice Advantage.

And when you choose McCAIN products, you also gain the extra advantage of professional support through initiatives like the McCAIN Foodservice Website.

So make the switch to superior McCAIN products today – and reap the benefits of the McCAIN Foodservice Advantage!



Fries

McCAIN fries, the best fries for your business

Made using A Grade russet burbank potatoes, McCain A Grade Fries deliver superior performance and high quality texture, taste and presentation - every serve, every time.

McCain A Grade Fries are par-fried in non-hydrogenated, 100 per cent vegetable oil. This process not only ensures they're cholesterol free, but also lowers the saturated fats typically found in potato fries. McCain A Grade Fries contain 20 per cent less saturated fat than fries par-fried in tallow (per 100g) and 15.7 per cent more polyunsaturated fat which many health experts describe as the 'good fat'.

Clearly the best choice for your business, McCain A Grade Fries are an A Grade example of the McCain Foodservice Advantage.





McCain Fast Fry Straight Cut 10mm

203131

The ideal choice for the takeaway market, McCAIN Straight Cut Fast Fries feature a consistent cut and appearance and give great plate coverage when served. A versatile fry suitable for almost every menu application.

Nutritional Information

servings per pack	50
serving size	100g
energy	665kJ (159 Cal)
protein	2.6g
fat total	4.5g
fat saturated	1.3g
carbohydrate	25.8g
carbohydrate sugar	Less than 0.5g
sodium	44mg



McCain Straight Cut 13mm

203136

Offering a good surface area which lowers oil absorption when frying, McCAIN Straight Cut Fries feature a uniform size and appearance that's perfect for plating or to hold in the bain marie. Suitable for all catering requirements.

Nutritional Information

servings per pack	50
serving size	100g
energy	561kJ (134 Cal)
protein	2.4g
fat total	4.5g
fat saturated	1.4g
carbohydrate	20.0g
carbohydrate sugar	0.5g
sodium	52mg



McCain Steak Fries

203132

Featuring a chunky, homestyle appearance and excellent plate coverage when served, McCAIN Steak Fries are ideal for pubs, clubs and bistros.

Nutritional Information

servings per pack	50
serving size	100g
energy	583kJ (140 Cal)
protein	2.4g
fat total	2.9g
fat saturated	0.8g
carbohydrate	24.5g
carbohydrate sugar	Less than 1.0g
sodium	46mg



McCain Cream Flesh 10mm Straight Cut

202116

Made from naturally creamy coloured potatoes developed specifically for McCAIN, Cream Flesh Fries deliver exceptional taste and presentation along with superior holding time. The thin 10mm cut reduces frying time.

Nutritional Information

servings per pack	25
serving size	100g
energy	665kJ (159 Cal)
protein	2.6g
fat total	4.5g
fat saturated	1.3g
carbohydrate	25.8g
carbohydrate sugar	Less than 0.5g
sodium	44mg



McCain Cream Flesh 13mm Straight Cut

203139

Made from carefully selected, naturally creamy coloured potatoes developed specifically for McCAIN, Cream Flesh Fries deliver exceptional taste and presentation along with superior holding time.

Nutritional Information

servings per pack	50
serving size	100g
energy	561kJ (134 Cal)
protein	2.4g
fat total	4.5g
fat saturated	1.4g
carbohydrate	20.0g
carbohydrate sugar	0.5g
sodium	52mg



McCain Straight Cut 10 Plus

203134

Featuring a longer holding time than comparable 10mm fry products, McCAIN 10 Plus Straight Cut Fries offer excellent product yield per serve. They're an all-round fry perfect for takeaway and food court service.

Nutritional Information

servings per pack	50
serving size	100g
energy	665kJ (159 Cal)
protein	2.6g
fat total	4.5g
fat saturated	1.3g
carbohydrate	25.8g
carbohydrate sugar	Less than 0.5g
sodium	44mg



McCain Freeze Chill 10mm Straight Cut 202152

The only frozen chip you can store in the fridge - store for up to 7 days at 0 to 4°C. Featuring a consistent appearance and cut size. Ideal for operators with limited freezer space.

Nutritional Information

servings per pack	25
serving size	100g
energy	665kJ (159 Cal)
protein	2.6g
fat total	4.5g
fat saturated	1.3g
carbohydrate	25.8g
carbohydrate sugar	Less than 0.5g
sodium	44mg



McCain Freeze Chill 13mm Straight Cut 202153

The only frozen chip you can store in the fridge - store for up to 7 days at 0 to 4°C. Featuring a consistent appearance and cut size. Ideal for operators with limited freezer space.

Nutritional Information

servings per pack	25
serving size	100g
energy	561kJ (134 Cal)
protein	2.4g
fat total	4.5g
fat saturated	1.4g
carbohydrate	20.0g
carbohydrate sugar	0.5g
sodium	52mg



McCain Rustic Fries 202120

The premium rustic fry for clubs, bistros, cafes, restaurants and pubs, McCAIN Rustic Fries feature an attractive 'hand cut' appearance when plated and served, with the skin retained to enhance flavour and presentation.

Nutritional Information

servings per pack	20
serving size	100g
energy	518kJ (124 Cal)
protein	2.5g
fat total	3.0g
fat saturated	0.9g
carbohydrate	20.0g
carbohydrate sugar	Less than 1.0g
sodium	50mg



McCain Crinkle Cut 13mm 203120

A longtime favourite with the kids! The crinkle cut surface retains heat and offers strong visual appeal when served. Easy to hold, flavoursome to eat.

Nutritional Information

servings per pack	50
serving size	100g
energy	573kJ (137 Cal)
protein	2.7g
fat total	4.1g
fat saturated	1.2g
carbohydrate	21.0g
carbohydrate sugar	Less than 0.1g
sodium	40mg



McCain Shoestring 202136

Ideal for quick service, McCAIN Shoestring Fries cook faster than regular cut fries and offer great plate coverage when served. Attractive crispy presentation with low moisture content and high level of potato solids for greater flavour.

Nutritional Information

servings per pack	30
serving size	100g
energy	756kJ (181 Cal)
protein	2.8g
fat total	6.8g
fat saturated	2.0g
carbohydrate	26.3g
carbohydrate sugar	Less than 1.0g
sodium	68mg



McCain Thick 'N' Chunky 15mm Straight Cut 203133

Featuring a homestyle, hand-cut appearance and excellent plate or bowl coverage, McCAIN Thick 'N' Chunky Fries are ideal as a side serve. Their 15mmx15mm cut size is one of the largest in foodservice.

Nutritional Information

servings per pack	50
serving size	100g
energy	582kJ (139 Cal)
protein	2.4g
fat total	2.9g
fat saturated	0.8g
carbohydrate	24.5g
carbohydrate sugar	Less than 0.5g
sodium	51mg



McCain Oven Fries 203175

Australia's most versatile oven fry, suitable for foodservice operations without deep fry equipment. Ideal for conventional, fan-forced or pizza ovens. Par fried in 100% vegetable oil.

Nutritional Information

servings per pack	50
serving size	100g
energy	592kJ (142 Cal)
protein	2.3g
fat total	4.5g
fat saturated	0.7g
carbohydrate	21.0g
carbohydrate sugar	Less than 1.0g
sodium	75mg



McCain Fish Shop Chip 202284

A thick, quality fry designed especially for Fish & Chip Shops. Flash fried with 100% vegetable oil, its versatile cook time of 5-10mins and the ability to be cooked from frozen or chilled makes it ideal for a range of operators.

Nutritional Information

servings per pack	40
serving size	125g
energy	775kJ (185 Cal)
protein	3.4g
fat total	4.4g
fat saturated	0.4g
carbohydrate	31.3g
carbohydrate sugar	Less than 1.0g
sodium	75mg

Product Number	Product Description	Pack Size	Carton Dimensions (mm)	Cartons Per Pallet	Cartons Per Layer	Gross Weight (kg)	TUN Number
203131	Fast Fry S/cut 10mm	3x5kg	522x315x210	40	8	15.6	19310174005274
203136	Straight Cut 13mm	3x5kg	482x315x210	40	8	15.6	19310174005144
203132	Steak Fries	3x5kg	477x315x210	40	8	15.6	19310174005137
202116	Cream Flesh 10mm S/cut	6x2.5kg	527x315x210	40	8	15.6	19316124021165
203139	13mm S/cut Cream Flesh	3x5kg	472x315x210	40	8	15.6	19416036031396
203134	Straight Cut 10 plus	3x5kg	472x315x210	40	8	15.6	19310174005151
202152	Freeze Chill 10mm S/cut	6x2.5kg	527x315x210	40	8	15.6	19310174005311
202153	Freeze Chill 13mm S/cut	6x2.5kg	487x315x210	40	8	15.6	19310174005328
202120	Rustic Fries	6x2kg	512x315x175	48	8	12.6	19310174021205
203120	Crinkle Cut 13mm	3x5kg	527x315x210	40	8	15.6	19310174005106
202136	Shoestring	5x3kg	520x308x248	32	8	15.6	19310174021366
203133	Thick'N'Chunky 15mm S/cut	3x5kg	457x315x210	40	8	15.6	19316124031331
203175	Oven Fries	3x5kg	512x315x210	40	8	15.6	19310174031754
202284	Fish Shop Chip	3x5kg	527x315x174	48	8	15.6	19310174022844

Storage Instructions

McCain frozen Potato Fries should be stored frozen, at or below -18°C . With the exception of Freeze Chill 10mm and 13mm and Fish Shop Chip, Potato Fries should not be stored in the refrigerator. Should your fry product thaw, please use immediately. McCain recommends that you not refreeze your fry product.

Cooking Instructions

Please refer to the product packaging for the recommended cook time.

Fry your way towards great rewards

When you buy and serve McCain A Grade fries, you're eligible to join the My McCain Fries Advantage program - an exclusive-to-McCain program designed to reward you for rewarding your customers with the best quality fries on the market.

Joining is easy – just register online at www.mymccainfriesadvantage.com.au

Then simply follow the instructions detailed on the website and earn 10 points for every carton of a range of McCain A Grade fries purchased. Redeem these points for a range of over 3,000 exciting rewards products, including:

- Gift & movie vouchers
- Qantas Frequent Flyer points
- Holidays
- Plasma TV's
- Sporting goods
- Business equipment
- Electrical items
- Food & wine
- Phones
- Digital cameras
- Kitchen utensils
- And much more!

My McCain Fries Advantage has been designed so that even small to medium foodservice businesses can accumulate points for redemption FAST!

And while you're enjoying the advantages of the My McCain Fries Advantage Program, you're also getting the benefits of the advantages inherent in McCain A Grade Fries:

- More consistent length and less moisture content than B Grade Fries, which equals a higher yield per kilo and shorter cooking time
- Lower moisture content means A Grade Fries absorb less cooking oil, extending your oil's life cycle thereby saving you money
- Higher levels of potato solids and less water means A Grade Fries taste better
- More satisfied customers = repeat business + word of mouth recommendation

So don't delay – register online today! And while your customers are thanking you for serving up McCain A Grade Fries, you can reap the rewards!

My **McCain** Fries
Advantage
Reward Program



McCAIN's A Grade guide to great fries

- Check each carton for signs of drop damage. Fries are very sensitive and a carton dropped from chest height could result in damage to one-third of your fries.
- Use a thermometer to check the temperature of the fries upon delivery and during storage. Even small variations in temperature can adversely affect quality.
- Store fries at -18°C for frozen and 0-3°C for chilled. Any higher and they may clump together, reducing eventual yield and damaging presentation.
- Keep your freezer tidy and well ventilated, with cartons stored off the floor and away from the walls, on shelving to help ensure consistent temperature. This also makes stock rotation and cleaning easier.
- Never stack cartons more than five cartons high otherwise they may topple over, causing damage.
- Transfer to the kitchen one carton at a time and pour straight from the bag into the fryer, cooking to order.
- Always cook from frozen for best results – if your fries thaw, your optimal frying time may be compromised, resulting in inconsistent finish.
- Check the fryer temperature regularly. If the oil is too hot your fries will be dark on the outside and undercooked on the inside; if it's too cold they'll absorb excess oil, making them soggy.
- Change your oil frequently and filter your fryer according to the manufacturer's instructions, keeping it clean and free from scraps and debris.
- Keep the oil topped up to the right levels to ensure even cooking. But only top up when the fryer is off and the oil has cooled down.
- Shake the fries while in the fryer to ensure even cooking.
- When the fries have been cooked, gently shake the basket and drain for a maximum of 10 seconds. Shake off any excess oil and don't leave them to hold over the fryer.
- Cooked fries should be kept under a heat lamp for no more than five minutes – longer results in fewer portions because more limp, soggy fries will be needed to make up adequate serving volume.
- Always cook to order and serve with a scoop so everyone gets the same amount.



Specialia

So many ways to skin a potato

McCain is the leader in producing quality specialty products for the foodservice menu - from the exceptionally popular, flavoursome beer batter range through wedges and a selection of specialty products and appetisers you can't get anywhere else. All McCain specialty fries and potato products are par fried in non-hydrogenated, 100 per cent vegetable oil. Delivering top performance, flavour, texture, presentation and portion control, McCain specialty products have been designed to give your business the edge over the competition.



Specialties



McCain Sweet Potato Wedges MC405223

A flavoursome wedge with ridge cuts for superior hold time, the NEW McCain Sweet Potato Wedge is a source of fibre and cholesterol free. Its appealing orange colour makes it an attractive snack or side-serve which will have your customers wanting more.

Nutritional Information

servings per pack	25
serving size	100g
energy	543kJ (130 Cal)
protein	1.0g
fat total	5.0g
fat saturated	1.0g
carbohydrate	19.0g
carbohydrate sugar	8.0g
sodium	160mg



McCain Sweet Potato Straight Cut 10mm 406946

Featuring an appealing orange colour for attractive presentation and easy identification, McCAIN Sweet Potato Fries are ideal as a takeaway treat, snack, side-serve or main meal component. Newly approved by the Healthy Kids Association for 2013.

Nutritional Information

servings per pack	25
serving size	100g
energy	400kJ (96 Cal)
protein	1.4g
fat total	4.9g
fat saturated	0.8g
carbohydrate	10.0g
carbohydrate sugar	1.9g
sodium	201mg



McCain Stay Crisp 10mm 202168

The superior holding time (compared to regular fries) of McCAIN Stay Crisp Fries makes them an ideal choice for the bain marie. The unique coating ensures they stay crispy, and they also absorb less oil than regular fries.

Nutritional Information

servings per pack	20
serving size	100g
energy	665kJ (159 Cal)
protein	2.6g
fat total	4.5g
fat saturated	1.3g
carbohydrate	25.8g
carbohydrate sugar	Less than 0.5g
sodium	44mg



McCain Stay Crisp 10 Plus 202169

The superior holding time (compared to regular fries) of McCAIN Stay Crisp Fries makes them an ideal choice for the bain marie. The unique coating ensures they stay crispy, and they also absorb less oil than regular fries.

Nutritional Information

servings per pack	20
serving size	100g
energy	665kJ (159 Cal)
protein	2.6g
fat total	4.5g
fat saturated	1.3g
carbohydrate	25.8g
carbohydrate sugar	Less than 0.5g
sodium	44mg



McCain Clear Cote Spirals 402252

Ideal for bar snack service in pubs and clubs, Clear Cote Spirals are exclusive to McCAIN and feature a unique shape and appearance. This exclusive menu line offers superb profit potential.

Nutritional Information

servings per pack	20
serving size	100g
energy	830kJ (199 Cal)
protein	2.2g
fat total	10.7g
fat saturated	1.6g
carbohydrate	23.4g
carbohydrate sugar	Less than 0.4g
sodium	460mg



McCain Seasoned Wedges 202254

Featuring exceptional flavour and plate coverage, McCAIN Seasoned Wedges boast one of Australia's favourite wedge flavours and are ideal for broadening menu options and improving profits.

Nutritional Information

servings per pack	20
serving size	100g
energy	729kJ (174 Cal)
protein	2.6g
fat total	6.5g
fat saturated	1.9g
carbohydrate	25.3g
carbohydrate sugar	Less than 0.5g
sodium	381mg



McCain Beer Batter Steak Fries 202290

Featuring fantastic flavour and appearance, McCAIN Beer Batter Steak Fries are ideal for bar snack service in pubs and clubs. Serve by themselves or plated with other menu items.

Nutritional Information

servings per pack	20
serving size	100g
energy	636kJ (152 Cal)
protein	2.9g
fat total	5.5g
fat saturated	0.5g
carbohydrate	21.7g
carbohydrate sugar	Less than 1.0g
sodium	230mg



McCain Beer Batter 13mm 202293

Featuring fantastic flavour and appearance and the popular 13mm cut size, McCAIN Beer Batter Fries are ideal for side, plated and bain marie service. Serve by themselves or plated with other menu items.

Nutritional Information

servings per pack	20
serving size	100g
energy	707kJ (169 Cal)
protein	2.5g
fat total	6.4g
fat saturated	1.8g
carbohydrate	24.3g
carbohydrate sugar	Less than 0.5g
sodium	293mg



McCain Beer Batter 10mm Fast Fry 202291

With the delicious flavour of McCAIN's distinctive beer batter formulation, 10mm Fast Fries take less time to cook, making them ideal for busy venues. Their light golden colour adds visual appeal and enhances plate presentation.

Nutritional Information

servings per pack	20
serving size	100g
energy	664 kJ (159 Cal)
protein	2.8g
fat total	5.4g
fat saturated	1.3g
carbohydrate	23.5g
carbohydrate sugar	Less than 1.0g
sodium	260mg



McCain Potato Cakes 202502

Featuring a uniform size and appearance that's ideal for portion and profit control, McCAIN Potato Cakes are suitable for takeaway and food court service - great for 'meal deals' and menu specials.

Nutritional Information

servings per pack	120
serving size	74g
energy	642kJ (154 Cal)
protein	2.4g
fat total	7.0g
fat saturated	2.1g
carbohydrate	19.1g
carbohydrate sugar	1.1g
sodium	200 mg



McCain Hash Brown Ovals 202510

McCAIN Hash Brown Ovals boast Australia's favourite hash brown shape and a fabulous flavour and appearance. They're ideal for takeaway and food court service. Approximately 30 ovals per inner.

Nutritional Information

servings per pack	26
serving size	75g
energy	563kJ (135 Cal)
protein	1.6g
fat total	7.2g
fat saturated	1.7g
carbohydrate	15.0g
carbohydrate sugar	Less than 1.0g
sodium	288mg



McCain Hash Brown Triangles 202511

Ideal for breakfast and all-day menu service, McCAIN Hash Brown Triangles feature a fabulous flavour and appearance and are terrific for 'meal deals' and menu specials. Approximately 50 triangles per inner.

Nutritional Information

servings per pack	25
serving size	80g
energy	600kJ (144 Cal)
protein	1.7g
fat total	7.2g
fat saturated	1.8g
carbohydrate	17.0g
carbohydrate sugar	Less than 0.4g
sodium	200mg



McCain Hash Brown Nuggets 202513

Bite-sized nuggets offering fabulous flavour and texture, providing excellent portion control. Ideal for 'meal deals' and the perfect potato finger food for children's menus. Approximately 200 portions per inner.

Nutritional Information

servings per pack	20
serving size	100g
energy	706kJ (169 Cal)
protein	2.3g
fat total	7.4g
fat saturated	2.1g
carbohydrate	22.0g
carbohydrate sugar	Less than 0.5g
sodium	373mg



McCain Mash Poppers 202569

Unique to McCAIN, our Mash Poppers offer a fluffy potato texture covered in a light, crispy batter. Ideal for clubs, function centres and catering, they are the perfect size for portion and profit control.

Nutritional Information

servings per pack	20
serving size	100g
energy	734kJ (176 Cal)
protein	2.9g
fat total	6.7g
fat saturated	0.6g
carbohydrate	25.4g
carbohydrate sugar	Less than 1g
sodium	490mg



McCain Ore-Ida Potato Skins MCX04773

Unique to McCAIN, Potato Skins are terrific for entree or main meal service. Ideal for clubs, cafes, function centres and catering, they are the perfect size for portion and profit control. Newly approved by the Healthy Kids Association for 2013.

Nutritional Information

servings per pack	100
serving size	76g
energy	352kJ (84 Cal)
protein	2.0g
fat total	0g
fat saturated	0g
carbohydrate	18.0g
carbohydrate sugar	Less than 1g
sodium	5.0g



McCain Monterey Jack Cheese Sticks 30410807

Flavoursome Monterey Jack cheese coated in a beer batter crumb. Great for kids and adults alike - ideal for finger food and as a menu item! 15g per piece.

Nutritional Information

servings per pack	13
serving size	100g (approx. 7 pieces)
energy	1380kJ (330 Cal)
protein	10.9g
fat total	24.0g
fat saturated	9.6g
carbohydrate	17.8g
carbohydrate sugar	0.9g
sodium	823mg



McCain Beer Batter Onion Rings 30410811

Unique to McCAIN, our Beer Batter Onion Rings are sliced from a whole sweet onion (not formed) and coated in an authentic beer batter coating. They're the ideal finger food with broad market appeal.

Nutritional Information

servings per pack	11
serving size	100g (approx. 5 pieces)
energy	858kJ (205 Cal)
protein	2.5g
fat total	9.8g
fat saturated	1.5g
carbohydrate	26.1g
carbohydrate sugar	4.1g
sodium	389mg

Product Number	Product Description	Pack Size	Carton Dimensions (mm)	Cartons Per Pallet	Cartons Per Layer	Gross Weight (kg)	TUN Number
MC405223	Sweet Potato Wedges	4x2.5kg	403x302x229	39	9	10.5	19310174052230
406946	Sweet Potato S/cut 10mm	4x2.5kg	380x280x220	40	10	10.5	10055773069461
202168	Stay Crisp 10mm	6x2kg	520x308x164	48	6	12.6	19310174021687
202169	Stay Crisp 10 plus	6x2kg	505x308x164	48	6	12.6	19310174021694
402252	Clear Cote Spirals	6x2kg	406x292x279	27	9	12.9	19310174005779
202254	Seasoned Wedges	6x2kg	512x315x175	48	8	12.6	19310174005731
202290	Beer Batter Steak Fries	6x2kg	527x315x175	48	8	12.5	19310174022905
202293	Beer Batter 13mm	6x2kg	507x315x175	48	8	12.5	19310174022936
202291	Beer Batter 10mm Fast Fry	6x2kg	527x315x175	48	8	12.6	19310174022912
202502	Potato Cakes	1x10doz	443x333x159	48	8	9.1	19310174009203
202510	Hash Brown Ovals	6x2kg	527x315x210	40	8	13.9	19310174025104
202511	Hash Brown Triangles	6x2kg	507x315x210	40	8	13.9	19310174025111
202513	Hash Brown Nuggets	6x2kg	527x315x175	48	8	13.6	19310174025135
202569	Mash Poppers	6x2kg	174x315x527	48	8	12.6	19310174025692
MCX04773	Ore-Ida Potato Skins	1x200pcs	403x302x283	45	9	6.8	13120003226
30410807	Monterey Jack Cheese Sticks	6x1.36kg	175x305x406	54	9	9.1	10072714108072
30410811	Beer Batter Onion Rings	6x1.13kg	270x333x403	27	9	7.3	10072714108119

Storage Instructions

McCain frozen potato products should be stored frozen, at or below -18°C . Do not store in the refrigerator. Should your potato products thaw, please use immediately. McCain recommends that you not refreeze your potato products.

Cooking Instructions

Please refer to the product packaging for the recommended cook time.



Fish & chips with McCain
Beer Batter 13mm fries

Veget

Snap frozen to seal in freshness

100% pure and natural, McCain Frozen Vegetables are snap frozen to preserve nutrients, freshness and flavour.

The range includes peas, corn, carrots, broccoli, cauliflower, mixed vegetables and many more options to suit foodservice professionals' needs.

With their convenient frozen shelf life, excellent presentation and delicious taste, it's no wonder McCain Frozen Vegetables are the preferred choice of foodservice professionals across both the institutional and commercial markets.



ables



McCain Peas 82305

Australia's favourite frozen vegetable, ideal for a wide range of menu applications.

Nutritional Information

servings per pack	20
serving size	100g
energy	373kJ (89 Cal)
protein	5.5g
fat total	1.2g
fat saturated	0.2g
carbohydrate	12.2g
carbohydrate sugar	3.5g
sodium	8mg



McCain Sliced Beans 202306

Fantastic flavour and appearance, perfect for salads or side plate service.

Nutritional Information

servings per pack	20
serving size	100g
energy	149kJ (36 Cal)
protein	1.6g
fat total	0.3g
fat saturated	0.1g
carbohydrate	5.1g
carbohydrate sugar	2.0g
sodium	6mg



McCain Cross Cut Beans 202307

Excellent flavour and appearance, ideal for salad bars, takeaways and food court operations.

Nutritional Information

servings per pack	20
serving size	100g
energy	113kJ (27 Cal)
protein	1.5g
fat total	0.3g
fat saturated	0.1g
carbohydrate	2.6g
carbohydrate sugar	2.4g
sodium	5mg



McCain Whole Baby Beans 202342

The perfect choice for salads or side plate service, boasting excellent flavour and appearance.

Nutritional Information

servings per pack	15
serving size	100g
energy	162kJ (39 Cal)
protein	1.5g
fat total	0.3g
fat saturated	0.1g
carbohydrate	5.5g
carbohydrate sugar	2.0g
sodium	8mg



McCain IQF Broccoli 202340

The versatile, all-round green vegetable, McCAIN individually quick frozen Broccoli is ideal for main meals, salads and side-plate service. Offers excellent portion control to aid menu price consistency.

Nutritional Information

servings per pack	15
serving size	100g
energy	122 kJ (29 Cal)
protein	2.5g
fat total	0.6g
fat saturated	0.2g
carbohydrate	2.2g
carbohydrate sugar	1.2g
sodium	32mg



McCain Brussels Sprouts 202312

The ideal side-serve vegetable especially in the winter months, McCAIN Brussels Sprouts provide great portion control, aiding menu price consistency.

Nutritional Information

servings per pack	20
serving size	100g
energy	215kJ (51 Cal)
protein	3.0g
fat total	0.6g
fat saturated	0.1g
carbohydrate	6.4g
carbohydrate sugar	3.2g
sodium	11mg



McCain Cauliflower 202341

Ideal for main meals, salads and side-plates alike, McCAIN Cauliflower makes portion control easy aiding menu price consistency.

Nutritional Information

servings per pack	15
serving size	100g
energy	105kJ (25 Cal)
protein	1.5g
fat total	0.4g
fat saturated	0.1g
carbohydrate	2.5g
carbohydrate sugar	2.1g
sodium	15mg



McCain Baby Carrots 202314

Ideal for salads, side of plate service and roasting, McCAIN Baby Carrots make portion control easier - improving menu price consistency - and feature excellent flavour and presentation.

Nutritional Information

servings per pack	20
serving size	100g
energy	162kJ (39 Cal)
protein	0.8g
fat total	0.4g
fat saturated	0.1g
carbohydrate	6.7g
carbohydrate sugar	4.8g
sodium	70mg



McCain Carrot Rings 202315

Ideal for salads and side of plate service, McCAIN Carrot Rings make portion control easier, improving menu price consistency.

Nutritional Information

servings per pack	20
serving size	100g
energy	163 kJ (39 Cal)
protein	0.4g
fat total	0.4g
fat saturated	0.1g
carbohydrate	6.9g
carbohydrate sugar	4.0g
sodium	80mg



McCain Mixed Vegetables 202318

The easy way to add variety to the menu, McCAIN Mixed Vegetables are perfect for salad bars, takeaways and food court operations, featuring excellent flavour and presentation.

Nutritional Information

servings per pack	20
serving size	100g
energy	187kJ (45 Cal)
protein	1.5g
fat total	0.4g
fat saturated	0.1g
carbohydrate	7.3g
carbohydrate sugar	4.0g
sodium	40mg



McCain Broccoli, Cauliflower, Carrots & Beans 202329

A favourite in clubs, pubs and bistros, this selection makes a perfect side-serve and features fabulous flavour and appearance.

Nutritional Information

servings per pack	20
serving size	100g
energy	128kJ (31 Cal)
protein	1.3g
fat total	0.4g
fat saturated	0.2g
carbohydrate	4.2g
carbohydrate sugar	3.0g
sodium	45mg



Corn Kernels 82319

An all-round winner, McCAIN Corn Kernels are always sweet, plump and juicy, boasting excellent flavour and presentation.

Nutritional Information

servings per pack	20
serving size	100g
energy	478kJ (114 Cal)
protein	3.2g
fat total	1.5g
fat saturated	0.2g
carbohydrate	20.5g
carbohydrate sugar	2.6g
sodium	10mg



McCain Super Sweet Corn Cobbettes 87941

Super sweet, plump and juicy, McCAIN Super Sweet Corn Cobbettes feature excellent presentation and flavour.

Nutritional Information

servings per pack	10
serving size	1 cobbette
energy	425 kJ (102 Cal)
protein	3.8g
fat total	2.2g
fat saturated	0.4g
carbohydrate	14.5g
carbohydrate sugar	12.0g
sodium	4mg



McCain Cut Leaf Spinach 208806

Ideal for pastries and pies, McCAIN Cut Leaf Spinach adds flavour to any dish. It's 100% spinach - easy to use with no wastage.

Nutritional Information

servings per pack	20
serving size	100g
energy	106kJ (25 Cal)
protein	2.0g
fat total	0.5g
fat saturated	0.1g
carbohydrate	2.2g
carbohydrate sugar	1.5g
sodium	10mg

Product Number	Product Description	Pack Size	Carton Dimensions (mm)	Cartons Per Pallet	Cartons Per Layer	Gross Weight (kg)	TUN Number
82305	Peas	6x2kg	378x280x205	60	12	12.6	19310174008039
202306	Sliced Beans	6x2kg	388x291x240	48	12	12.6	19310174008121
202307	Cross Cut Beans	6x2kg	388x291x210	60	12	12.6	19310174008152
202342	Whole Baby Beans	6x1.5kg	378x280x200	60	12	9.6	19310174023421
202340	IQF Broccoli	6x1.5kg	464x304x223	32	8	9.6	19310174023407
202312	Brussels Sprouts	6x2kg	387x257x256	52	13	12.6	19310174008220
202341	Cauliflower	6x1.5kg	517x207x215	48	12	9.6	19310174023414
202314	Baby Carrots	6x2kg	388x291x210	60	12	12.6	19310174008244
202315	Carrot Rings	6x2kg	388x291x230	48	12	12.6	19310174008268
202318	Mixed Vegetables	6x2kg	378x280x210	60	12	12.6	19310174008206
202329	Broc, Cauliflower, Carrots & Beans	6x2kg	388x291x230	48	12	12.6	19310174023292
82319	Corn Kernels	6x2kg	378x280x205	60	12	12.6	19310174008213
87941	Super Sweet Corn Cobbettes	5x10pcs	337x257x230	52	13	8.0	19416036879417
208806	Cut Leaf Spinach	6x2kg	385x255x281	52	13	12.6	19310174008435

Storage Instructions

McCain frozen Vegetables should be stored frozen, at or below -18°C . Do not store in the refrigerator. Should your product thaw, please use immediately. McCain recommends that you not refreeze your frozen vegetable product.

Cooking Instructions

Please refer to the product packaging for the recommended cook time.

Pizza &

Quality that's quick to prepare

Ideal for schools and workplace canteens, cafes, sporting and entertainment venues, social clubs and as food court offerings, McCAIN pizzas and dinners offer consistent quality, attractive presentation, effective portion control and competitive cost per serve. Our quality, quick to prepare meals include tasty, convenient McCAIN Frozen Pizza Singles that bear the Heart Foundation Tick plus our popular Beef Lasagne.



Dinner



McCain Supreme Pizza Singles 202459

Approved by the Heart Foundation, Healthy Kids Association and FOCiS, McCAIN Pizza Singles are the ideal size for 'meal deals' and menu specials. 24 Pizza Singles per carton, with serving sleeves provided for free.

Nutritional Information

servings per pack	24
serving size	100g
energy	882kJ (211 Cal)
protein	11.3g
fat total	5.8g
fat saturated	3.5g
carbohydrate	26.8g
carbohydrate sugar	4.0g
sodium	290mg
fat trans	0.1g
fibre	2.5g



McCain Cheese & Bacon Pizza Singles 202468

Approved by the Heart Foundation, Healthy Kids Association and FOCiS, McCAIN Pizza Singles are the ideal size for 'meal deals' and menu specials. 24 Pizza Singles per carton, with serving sleeves provided for free.

Nutritional Information

servings per pack	24
serving size	100g
energy	974kJ (233 Cal)
protein	13.0g
fat total	7.4g
fat saturated	4.0g
carbohydrate	26.7g
carbohydrate sugar	4.5g
sodium	340mg
fat trans	0.1g
fibre	3.1g



McCain Ham & Pineapple Pizza Singles 202470

Approved by the Heart Foundation, Healthy Kids Association and FOCiS, McCAIN Pizza Singles are the ideal size for 'meal deals' and menu specials. 24 Pizza Singles per carton, with serving sleeves provided for free.

Nutritional Information

servings per pack	24
serving size	100g
energy	935kJ (224 Cal)
protein	11.5g
fat total	6.5g
fat saturated	3.4g
carbohydrate	28.1g
carbohydrate sugar	5.6g
sodium	300mg
fat trans	0.1g
fibre	2.7g



McCain Beef Lasagne 209450

A traditional Beef Lasagne combining rich bolognese and creamy béchamel sauce to deliver a lasagne that appeals to a broader market. Featuring a homestyle appearance when plated, McCAIN Beef Lasagne is ideal for the bain marie or ready-to-go containers.

Nutritional Information

servings per pack	6
serving size	333g
energy	1690kJ (450 Cal)
protein	17.3g
fat total	10.7g
fat saturated	5.3g
carbohydrate	57.3g
carbohydrate sugar	10.0g
sodium	766mg

Product Number	Product Description	Pack Size	Carton Dimensions (mm)	Cartons Per Pallet	Cartons Per Layer	Gross Weight (kg)	TUN Number
209450	Beef Lasagne	6x2kg	514x324x142	40	8	12.6	19310174094506
202459	Supreme Pizza Singles	24x5"	391x262x123	96	12	3.0	19310174002921
202468	Cheese & Bacon Pizza Singles	24x5"	391x262x123	96	12	3.0	19310174024688
202470	Ham & Pineapple Pizza Singles	24x5"	391x262x123	96	12	3.0	19310174002914

Storage Instructions

McCain Pizza and Dinner products should be stored frozen, at or below -18°C . Do not store in the refrigerator. Should your frozen product thaw, please use immediately, or store in the refrigerator and use it within 24 hours. To preserve the product quality and nutritional benefits we recommend that you do not refreeze your pizza, should it thaw.

Cooking Instructions

Please refer to the product packaging for the recommended cook time.

Ingredients

Fries

McCain Fast Fry S/cut 10mm

Potato (95%), vegetable oils, dextrose.

McCain S/Cut 13mm

Potato (97%), vegetable oils, dextrose.

McCain Steak Fries

Potato (97%), vegetable oils, dextrose.

McCain Cream Flesh 10mm S/cut

Potato (95%), vegetable oils, dextrose.

McCain Cream Flesh 13mm S/cut

Potato (95%), vegetable oils, dextrose.

McCain Freeze Chill 10mm S/cut

Potato (95%), vegetable oils, dextrose.

McCain Freeze Chill 13mm S/cut

Potato (95%), vegetable oils, dextrose.

McCain Straight Cut 10 plus

Potato (95%), vegetable oils, dextrose.

McCain Rustic Fries

Potato (97%), vegetable oils, dextrose.

McCain Crinkle Cut 13mm

Potato (95%), vegetable oils, dextrose.

McCain Shoestring

Potato (93%), vegetable oils, dextrose.

McCain Thick'N'Chunky 15mm S/cut

Potato (97%), vegetable oils, dextrose.

McCain Oven Fries

Potato (95%), canola oil, dextrose.

McCain Fish Shop Chip

Potato (97%), canola oil.

Specialties

McCain Sweet Potato Wedge

Sweet Potato (88%), vegetable oils (canola, cottonseed), modified potato starch, baking soda, rice flour, salt, sugar, tapioca dextrin, natural flavours, natural colours (150a, 160a, 160b), thickener (415), acidity regulator (450).

McCain Sweet Potato 10mm S/cut

Sweet Potato (88%), vegetable oil, batter (wheat flour, modified starch (maize and tapioca), rice flour, salt, raising agent (450), colours (paprika extract, tumeric extract), sunflower oil), sucrose.

McCain Stay Crisp 10mm

Potato (85%), vegetable oils, modified potato starch, rice flour, potato dextrin, salt, acidity regulators (450, 500), thickener (415), (traces of wheat).

McCain Stay Crisp 10 plus

Potato (85%), vegetable oils, modified potato starch, rice flour, potato dextrin, salt, acidity regulators (450, 500), thickener (415), (traces of wheat).

McCain Clear Cote Spirals

Potato (70%), vegetable oils (soy, cottonseed, sunflower), wheatflour, modified corn starch, corn flour, salt, autolysed yeast, baking powder, modified cellulose, colour, dextrose, acidity regulator (339).

McCain Seasoned Wedges

Potato (85%), vegetable oils, flour (wheat, maize), thickener (1404), salt, spices, garlic, dextrose, thickener (461), natural colours (150, 160b).

McCain Beer Batter 10mm Fast Fry

Potato (86%), beer batter (8%) (wheat flour (gluten), wheat starch, salt, raising agents (450, 500), beer), canola oil.

McCain Beer Batter 13mm Fast Fry

Potato (86%), beer batter (8%) (wheat flour (gluten), wheat starch, salt, acidity regulators (450, 500), beer), vegetable oil.

McCain Beer Batter Steakfries

Potato (85%), beer batter (8%) (wheat flour (gluten), wheat starch, salt, acidity regulators (450, 500), beer), vegetable oil.

McCain Potato Cakes

Reconstituted potato flake (41%), water, flour (wheat, maize, soy, rice), hydrolysed wheat starch, vegetable oils, acidity regulators (541, 500), thickeners (415, 461), salt, milk solids, spice.

McCain Hash Brown Ovals

Potato (90%), vegetable oils, salt, dextrose, spice extract.

McCain Hash Brown Triangles

Potato (91%), vegetable oils, salt, dextrose.

McCain Hash Brown Nuggets

Potato (92%), vegetable oils, salt, dextrose.

McCain Mash Poppers

Potato (91%), canola oil, salt, spices, olive oil, stabiliser (461).

McCain Ore-Ida Potato Skins

Potato (100%).

McCain Monterey Jack Cheese Sticks

Monterey jack cheese (53%) (milk solids, salt, cheese cultures, enzymes, water, acidity regulator (339), cream (milk solids), preservative (200)), beer (water, malted barley, glucose syrup, hops, salt), wheat flour, vegetable oil (soy), water, corn flour, dextrose, thickener (412), baking powder, modified starch, emulsifier (471), paprika, salt, sorbitol, spice, sugar, whey (milk solids).

McCain Beer Batter Onion Rings

Onion (39%), beer batter (61%) (water, malted barley, glucose syrup, hops, salt), wheat flour, vegetable oil (soy), corn flour, water, modified starch, dextrose, thickener (412), baking powder, emulsifier (471), paprika, salt, sorbitol, spice, sugar, whey (milk solids).

Vegetables

McCain Peas

Peas.

McCain Sliced Beans

Beans.

McCain Cross Cut Beans

Beans.

McCain Whole Baby Beans

Baby beans.

McCain IQF Broccoli

Broccoli.

McCain Brussels Sprouts

Brussels sprouts.

McCain Cauliflower

Cauliflower.

McCain Baby Carrots

Baby carrots.

McCain Carrot Rings

Carrots.

McCain Mixed Vegetables

Carrot, swede, peas, broccoli, beans, corn kernels.

McCain Beans, Carrots, Broccoli & Cauliflower

Beans, carrots, broccoli, cauliflower.

McCain Corn Kernels

Corn kernels.

McCain Super Sweet Corn Cobbettes

Corn.

McCain Cut Leaf Spinach

Spinach.

Ingredients

Pizza & Dinner

McCain Supreme Singles

Base (44.5%): wheat flour, water, vegetable oils, emulsifiers (435, 471), flavour, yeast, wheat flour, soy flour, emulsifiers (481, 472e), raising agent (920). Toppings (20%): manufactured ham (9%) (pork, water, wheat starch, soy protein, wheat gluten, acidity regulators (451, 450), gelling agent (508), hydrolysed vegetable protein, sugar, stabiliser (407a), natural flavour, antioxidant (316), fermented rice, preservative (250), pork protein, salt), capsicum (4%), tomato, mushroom (2%), onion (2%). Mozzarella cheese (19.5%): milk solids, salt, enzyme, starter cultures. Sauce (16%): water, tomato paste, flavour (sugar, thickener (415), gelling agent (508), yeast extract (wheat), flavour, vegetable oil (soy), spice extracts).

McCain Cheese & Bacon Singles

Base (45.5%): wheat flour, water, vegetable oils, emulsifiers (435, 471), flavour, yeast, wheat flour, soy flour, emulsifiers (481, 472e), raising agent (920). Mozzarella cheese (24.5%): milk solids, salt, enzyme, starter cultures. Sauce (16%): water, tomato paste, flavour (sugar, thickener (415), gelling agent (508), yeast extract (wheat), flavour, vegetable oil (soy), spice extracts). Topping (14%): manufactured bacon (14%) (pork, water, wheat starch, soy protein, wheat gluten, acidity regulators (451, 450), gelling agent (508), hydrolysed vegetable protein, sugar, stabiliser (407a), natural flavour, antioxidant (316), fermented rice, preservative (250), pork protein, salt).

McCain Ham & Pineapple Singles

Base (44%): wheat flour, water, vegetable oils, emulsifiers (435, 471), flavour, yeast, wheat flour, soy flour, emulsifiers (481, 472e), raising agent (920). Toppings (21%): pineapple (12%) (pineapple, water, sugar), manufactured ham (9%) (pork, water, wheat starch, soy protein, wheat gluten, acidity regulators (451, 450), gelling agent (508), hydrolysed vegetable protein, sugar, stabiliser (407a), natural flavour, antioxidant (316), fermented rice, preservative (250), pork protein, salt). Mozzarella cheese (19%): milk solids, salt, enzyme, starter cultures. Sauce (16%): water, tomato paste, flavour (sugar, thickener (415), gelling agent (508), yeast extract (wheat), flavour, vegetable oil (soy), spice extracts).

McCain Beef Lasagne 2kg

Bolognese sauce (37%), water, beef (6%), tomatoes (acidity regulator (330), firming agent (509)), tomato paste, onion, carrot, red wine (traces of egg and milk solids), textured vegetable protein (soy), flavours (salt, sugar, spice, herbs, natural flavours (wheat, milk solids), milk solids, colour (150a)), thickener (1422), canola oil, crushed garlic (garlic, vinegar) cooked pasta (31%), wheat flour, water, bechamel sauce (30%), water, wheat flour, wheat starch, cheese flavour (cheese solids (milk solids, starter culture, enzymes, salt), flavours, milk

solids, yeast extract (barley), acidity regulator (270), thickener (1442)), cream powder (milk solids), maltodextrin, natural flavours, sugar, emulsifier (322, soy), canola oil, cheese topping (2%), cheddar cheese (milk solids).





McCAIN Foods (Aust) Pty Ltd. Foodservice Sales

For more information talk to your McCAIN Sales Representative
or please call our National Sales office
on (03) 9514 4600 during business hours.

www.mccainfoodservice.com.au
www.mymccainfriesadvantage.com.au

