
**INTRODUCING -
CHUNKY, SEASONED AVOCADO
PULP AND GUACAMOLE**

FRESH FROM THE FARM, ALL
OF OUR AVOCADO PRODUCTS ARE:

- VERSATILE
- CONVENIENT
- NATURAL
- DAIRY FREE
- GLUTEN FREE
- VEGAN
- RAW



STRAIGHT UP AVO.

ONLY THE GOOD STUFF!



Simpson
Farms
"The Avocado People"

simpsonfarms.com.au



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CHUNKY AVO



SEASONED AVOCADO PULP



GUACAMOLE



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WHEN NATURE AND CONVENIENCE COME TOGETHER IN THREE PACKS.

Avocados are right on trend. They're delicious, nutritious, customers love them and they fly off menus. Now you can use quality, avocados all year round with no prep, no waste.



Simpson Farms Straight Up Chunky Avo are fresh avocados, mashed and packed ready for you to season and use on any menu item you can imagine. Great tasting, all natural, no prep, less wastage.

Shelf Life	Average Quantity	Per 25g	Per 100g
Frozen 18 months at <-18°C. 7 days refrigerated unopened at <4°C. Consume within 24 hours of opening.	Energy	222kJ	887kJ
	Protein	0.5g	1.9g
	Fat - Total	5.65g	22.6g
	Fat - Saturated	1.23g	4.9g
	Carbohydrates – Total	0.1g	0.4g
	Carbohydrates – Sugars	0.1g	0.4g
	Sodium	0.5mg	2mg

Simpson Farms Straight Up Seasoned Avocado Pulp is individually packed and seasoned so you can use it straight up on sandwiches, grills, pizzas, wraps, tostadas and anything else you'd use freshly mashed avocado for.

Shelf Life	Average Quantity	Per 25g	Per 100g
Frozen 2 years at <-18°C. 14 days refrigerated unopened at <4°C. Use within 3 days of opening.	Energy	165kJ	660kJ
	Protein	0.35g	1.4g
	Fat - Total	3.15g	12.6g
	Fat - Saturated	0.28g	1.1g
	Carbohydrates – Total	2.5g	10g
	Carbohydrates – Sugars	0.28g	1.1g
	Sodium	77.5mg	310mg

Simpson Farms Straight Up Guacamole is seasoned just like you'd season guac yourself, only now you don't have to. It comes in convenient resealable tubs which means no prep and less wastage.

Shelf Life	Average Quantity	Per 25g	Per 100g
Frozen 2 years at <-18°C. 30 days refrigerated unopened at <4°C. Use within 4 days of opening.	Energy	246kJ	820kJ
	Protein	0.75g	2.5g
	Fat - Total	4.53g	15.1g
	Fat - Saturated	1.05g	3.5g
	Carbohydrates – Total	3.9g	13g
	Carbohydrates – Sugars	0.96g	3.2g
	Sodium	93mg	310mg

To learn more about the Simpson Farms 'Straight Up Avo' range, or try a sample, contact Simpson Farms, or your local distributor.
07 4126 8200 | simpsonfarms.com.au