#### INTRODUCING – Chunky, seasoned avocado Pulp and guacamole

# **STRAIGHT UP AVO.** ONLY THE GOOD STUFF!

FRESH FROM THE FARM, ALL OF OUR AVOCADO PRODUCTS ARE:

- VERSATILE
- CONVENIENT
- NATURAL
- DAIRY FREE
- GLUTEN FREE
- VEGAN
- RAW





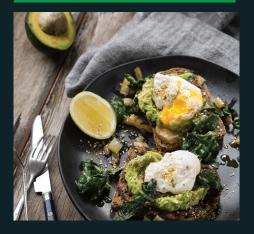
simpsonfarms.com.au





#### INTRODUCING – Chunky, seasoned avocado Pulp and guacamole

#### CHUNKY AVO



### SEASONED AVOCADO PULP



#### **GUACAMOLE**





## WHEN NATURE AND CONVENIENCE Come together in three packs.

Avocados are right on trend. They're delicious, nutritious, customers love them and they fly off menus. Now you can use quality, avocados all year round with no prep, no waste.

Simpson Farms Straight Up Chunky Avo are fresh avocados, mashed and packed ready for you to season and use on any menu item you can imagine. Great tasting, all natural, no prep, less wastage.

Shelf Life	Average Quantity	Per 25g	Per 100g
Frozen 18 months at <-18°C. 7 days refrigerated unopened at <4°C. Consume within 24 hours of opening.	Energy	222kJ	887kJ
	Protein	0.5g	1.9g
	Fat - Total	5.65g	22.6g
Packaging Specifications	Fat - Saturated	1.23g	4.9g
Individual Size: 500g Finished Product: 12kg Carton Configuration: 4 x 3kg boxes (6 x 500g pouches)	Carbohydrates – Total	0.1g	0.4g
	Carbohydrates – Sugars	0.1g	0.4g
	Sodium	0.5mg	2mg

Simpson Farms Straight Up Seasoned Avocado Pulp is individually packed and seasoned so you can use it straight up on sandwiches, grills, pizzas, wraps, tostadas and anything else you'd use freshly mashed avocado for.

Shelf Life	Average Quantity	Per 25g	Per 100g
Frozen 2 years at <-18°C. 14 days refrigerated unopened at <4°C. Use within 3 days of opening.	Energy	165kJ	660kJ
	Protein	0.35g	1.4g
	Fat - Total	3.15g	12.6g
Packaging Specifications	Fat - Saturated	0.28g	1.1g
Individual Size: 500g Finished Product: 6kg Carton (12 x 500g pouches)	Carbohydrates – Total	2.5g	10g
	Carbohydrates – Sugars	0.28g	1.1g
	Sodium	77.5mg	310mg

Simpson Farms Straight Up Guacamole is seasoned just like you'd season guac yourself, only now you don't have to. It comes in convenient resealable tubs which means no prep and less wastage.

Average Quantity	Per 25g	Per 100g
Energy	246kJ	820kJ
Protein	0.75g	2.5g
Fat - Total	4.53g	15.1g
Fat - Saturated	1.05g	3.5g
Carbohydrates – Total	3.9g	13g
Carbohydrates – Sugars	0.96g	3.2g
Sodium	93mg	310mg
	Energy Protein Fat - Total Fat - Saturated Carbohydrates – Total Carbohydrates – Sugars	Energy246kJProtein0.75gFat - Total4.53gFat - Saturated1.05gCarbohydrates - Total3.9gCarbohydrates - Sugars0.96g

To learn more about the Simpson Farms 'Straight Up Avo' range, or try a sample, contact Simpson Farms, or your local distributor. **07 4126 8200** | simpsonfarms.com.au